



LUNCH

STARTERS

Garlic Mushrooms - in a white wine, mixed herb and cream sauce, with toasted ciabatta [V GFO]	£7.95
Halloumi Fries - served with salad garnish and a sweet chilli sauce [V GFO]	£7.75
Salt & Pepper Squid - served with a salad garnish and a sweet chilli sauce	£8.50
Homemade Tomato & Roasted Red Pepper Soup - served with toasted ciabatta & butter [GFO VEO]	£6.75
Southern Fried Chicken Strips - served with smokey BBQ sauce and salad garnish	£7.95
Whitebait - coated in breadcrumbs and served with homemade tartare sauce	£7.95
Homemade Nachos - topped with melted cheddar, guacamole, salsa & sour cream [V]	£7.50

MAINS

Ham, Egg & Chips - Cornish sliced ham, two fried eggs, chunky chips, peas & salad garnish [GFO]	SML £9.95 / REG £12.95
Beer Battered Cod - house batter, chunky chips, tartare sauce & a choice of peas [GFO]	SML £13.95 / REG £15.95
Breaded Wholetail Scampi - chunky chips, homemade tartare sauce & a choice of peas	SML £10.95 / REG £14.95
Fish Pie - cod, salmon, prawn & smoked haddock, topped with cheese & mash, served with vegetables	SML £12.95 / REG £16.95
Homemade Pie of the Day - chunky skin on chips or mashed potato, choice of peas and pan roasted gravy	£16.95
Lasagne Al Forno - homemade traditional beef lasagne, dressed house salad & garlic ciabatta	£14.50
Southern Fried Chicken Strips - skinny fries, salad garnish, smokey BBQ sauce, house slaw & corn on the cob	£14.50
Chilli Con Carne - homemade, topped with tortilla chips and with a choice of rice or skinny fries & sour cream [GFO]	£13.95
American Style Chicken Burger - southern fried chicken, bacon, cheddar, mayonnaise, with house slaw & skinny fries	£15.95
Spicy Bean Chilli - served tortilla chips with a choice of rice or skinny fries & sour cream [VEO GFO]	£12.95
Spicy Nacho Bean Burger - smokey BBQ sauce, skinny fries & garnish [VE]	£12.95
Mediterranean Vegetable Enchilada - topped with tomato sauce & cheese, with skinny fries & garlic ciabatta [V GFO]	£13.95
Ploughmans Lunch - a choice of cheddar, ham, or stilton served with bread, chutney, pickles, salad & grapes [VO GFO]	£11.95
<i>Can't decide which one to have? Have a mixture of ham, cheddar and stilton for an extra £1</i>	
Pork & Pineapple Flatbread - served with skinny fries and a side salad	£12.95
Loaded Vegetable Flatbread - served with skinny fries and a side salad [V]	£12.50

Sandwiches

Served on either white or malted bloomer bread and with a dressed salad garnish

Hand Carved Beef & Horseradish	£7.50
Sliced Ham & English Mustard	£8.95
Mature Cheddar Cheese & Chutney [V]	£7.95
Classic BLT with Mayonnaise	£8.95
Tuna Mayonnaise	£7.95
Prawn Marie Rose	£10.95

Jacket Potatoes

Served with a dressed salad garnish [VE GFO] £5.95

Baked Beans [V GF]	+£1.25
Cheddar Cheese [V GF]	+£1.75
Spicy Bean Chilli [VE GF]	+£3.75
Tuna Mayonnaise [GF]	+£2.00
Prawn Marie Rose [GF]	+£4.00
House Slaw [V GF]	+£2.00
Chilli Con Carne [GF]	+£4.00



SIDE ORDERS

Chunky Skin On Chips [GFO VE]	SML £2.75 / LRG £4.00
Skinny Fries [GFO VE]	SML £2.75 / LRG £4.00
Chip Shop Style Curry Sauce	£3.00
Bread & Butter	£1.50
Cheesy Chips / Skinny Fries [GFO V]	£5.00
Homemade Beer Battered Onion Rings x 8 [GFO V]	£5.00
Garlic Ciabatta Bread [GFO V]	£4.50
Cheese Topped Garlic Ciabatta Bread [GFO V]	£5.00
Salad Bowl [GFO VE]	£3.00
House Slaw [GFO V]	£2.95

CHILDREN'S MENU

£8.95 EACH

Tomato Pasta served with Garlic Ciabatta [V] | Ham, Egg & Chips [GFO] | Cheesy Peasy Pasta with Garlic Ciabatta

BUILD YOUR OWN MEAL:

Choose Your Main: 2 Pork Sausages [GF] | Fish Goujons | Chicken Chunks | Plain Burger [add cheese for £1]

Choose Your Side: Skinny Fries | Chunky Chips | Mashed Potato [all GF & V]

Choose An Extra: Garden Peas | Baked Beans | Mushy Peas | Salad [all GF & V]

Menu Key:

GF - usual recipe is gluten free as standard

GFO - recipe can be tailored to be suitable for a gluten free diet

V - usual recipe is suitable for a vegetarian diet

VE - usual recipe is suitable for a vegan diet

VEO or VO - recipe can be tailored to be suitable for a vegetarian or vegan diet

If you have any dietary requirements, or allergies, please speak to a member of staff who will be able to provide you with our allergen menu for more detailed information on our recipes, please do not rely on this menu for this information, as our recipes may change due to supply issues.

Whilst our kitchen team take all steps possible to minimise the risk of cross contamination when preparing your food, due to the size of our kitchen we are unable to have allergen-free zones, so we cannot guarantee a totally allergen free environment at any time. Some of our food is fried using genetically modified vegetable oil.

All of our dishes may contain traces of nuts, and our fish dishes may contain bones.